MISSOURI WIC and Nutrition Services

Income Guidelines 2025

Missouri WIC Income Guidelines–June 1, 2025
Guidelines reflect gross (pre-tax) income.

Family Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	$28,953	$2,413	$1,207	$1,114	$557
2	$39,128	$3,261	$1,631	$1,505	$753
3	$49,303	$4,109	$2,055	$1,897	$949
4	$59,478	$4,957	$2,479	$2,288	$1,144
5	$69,653	$5,805	$2,903	$2,679	$1,340

Income guidelines are based on 185% of the poverty level.
This institution is an equal opportunity provider.

The Missouri WIC program provides supplemental food, health care referrals, nutrition education and breastfeeding promotion and support to eligible pregnant, breastfeeding and postpartum women, infants and children up to age five. Fathers, grandparents, guardians and foster parents may also apply for benefits for the children living in their household.

PCHD
Pike County Health Department
Home Health & Hospice

1 Healthcare Place
Bowling Green, MO 63334
573-324-2111

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