

# PCHD SCHEDULED LIFE SAVING TRAINING COURSES FOR 2020



**American Heart Association®**

All of our courses require pre-registration and are held in our Community Conference Room. Visit our calendar of events for times at [www.pikecountyhealth.org](http://www.pikecountyhealth.org)

Contact Robyn Orf, LPN to register or for questions: 573-324-2111.



Pike County Health Department  
Home Health & Hospice

## JAN.

14 HRT  
21 BLS

## FEB.

11 HRT  
11 FA  
18 BLS

## MARCH

10 HRT  
17 BLS

## APRIL

7 HRT  
7 FA  
21 BLS

## MAY

12 HRT  
19 BLS

## JUNE

9 HRT  
9 FA  
16 BLS

## JULY

14 HRT  
14 FA  
21 BLS

## AUG.

11 HRT  
18 BLS

## SEPT.

15 HRT  
15 FA  
22 BLS

## OCT.

13 HRT  
20 BLS

## NOV.

10 HRT  
10 FA  
17 BLS

## DEC.

8 HRT  
8 FA  
15 BLS

CALENDAR KEY: HRT = Heartsaver CPR/AED FA = First Aid BLS = Basic Life Support for Healthcare Providers

### Heartsaver® First Aid – \$45

Heartsaver First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives.

### Heartsaver® CPR AED – \$45

This classroom course teaches basic CPR skills such as performing a head tilt-chin lift and giving compressions and breaths. The course provides training for anyone who wants to learn basic CPR and obtain a Heartsaver course completion card, as well as education on the proper use of AED machines.

### Family & Friends CPR – \$20

AHA's video-based, classroom Family & Friends® CPR Course teaches adult Hands-Only® CPR, adult AED use, child CPR and AED use, and infant CPR. It also teaches how to relieve choking in an adult, child or infant. The course offers training for those who want to learn CPR and do not require a course completion card.

### Basic Life Support (BLS) for Healthcare Providers – \$50

The BLS for Healthcare Providers – Classroom Course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

### Heartsaver® Pediatric CPR AED – \$45

This class is designed to meet the regulatory requirements for child care workers in all 50 United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. The course covers Child/Infant CPR AED, Adult CPR AED, and Asthma Care Training.

### Heartsaver® Pediatric First Aid – \$45

This class is designed to meet the regulatory requirements for child care workers in all 50 United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. The course covers the Four Steps of Pediatric First Aid and modules in Pediatric First Aid.

### Skills Practice and Testing Session – \$35

Learn your CPR skills online and visit us for the hands-on training. Many AHA lifesaving training courses are available online via AHA elearning Portal. Courses that involve only cognitive learning can be completed entirely online. For courses that contain skills that require practice, like CPR, students must then complete an in-person Skills Practice and Testing Session with an AHA Instructor at our agency after they complete the online portion. Our instructor will evaluate the student's skills and offer a course completion card to students who pass the skills testing requirements.

### Combining Courses Saves you \$\$

Looking to take a First Aid and CPR AED class together? We offer discounted rates for this:

- \$75 each when scheduling your course during our business hours (M-F, 8am-4:30pm).
- \$85 each when scheduling your course after hours and on weekends.