



NEWS

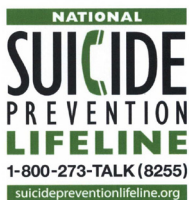
Pike County Health Department Home Health & Hospice

SEPTEMBER IS NATIONAL SUICIDE PREVENTION MONTH

Did you know...



Although our agency's involvement in prevention services aren't just about Suicide, in honor of national suicide prevention month we would like to make sure the public is aware of their options in seeking mental health support. Our new program "Pike County Behavioral Health Services" can help those without insurance get the help and counseling they need. We are also involved in the community coalition "Healthy Minds Healthy Lives of Pike County"; a group of community members who are dedicated to reducing the stigma of Mental Health. We are dedicated to not only a physically healthy community, but a mentally healthy one as well. HMHL recently started a support group "Mental Health Awareness Support Group" that meets the first Tuesday of each month at 6pm in our community conference room. For more information call our office at 573-324-2111, and like these pages on Facebook. Additionally, in the effort to reduce the stigma, the Healthy Minds Healthy Lives of Pike County coalition has created a poster contest "Time 2 Talk" and is asking all children and teens from grades 6-12 to get creative and design a poster saying why it is okay to talk about mental health/ substance abuse issues. To learn more, find the facebook event on facebook @healthymindshealthylivesofpikecounty.



FREE EYE SCREENING CLINIC

Thursday, September 22, 2016 PCHD along side other organizations will be hosting a Free eye screening clinic in office from 8:30 am to 3:00 pm (closed from 11am-12noon for lunch). The purpose of this clinic is to screen for vision problems, malfunctions and malformations of the eyes. The clinic is **FREE AND OPEN TO EVERYONE**, regardless of age or income. Examinations will be conducted by resident ophthalmologists from Mason Eye Institute, University of Missouri at Columbia. Those who require further treatment or examination will be referred to a local eye care specialist. Persons who meet Prevention of Blindness eligibility requirements may receive assistance in paying for the cost of any recommended services. **CALL PCHD FOR AN APPOINTMENT: 573-324-2111** Please note that these doctors can NOT write prescriptions for glasses. Find out more by following us on Facebook @bgpchd!



DRIVE THRU FLU CLINIC!

hosted by:



Pike County Health Department Home Health & Hospice



Parking Lot next to Bowling Green Wal-Mart

FRIDAY September 30th 2-6pm	\$20.00 Most insurances accepted! find out more: 573-324-2111 www.pikecountyhealth.org facebook@bgpchd
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Get the **SHOT** not the **FLU**, its as **EASY** as driving **THRU!**



WANT TO SUBSCRIBE TO THE PCHD NEWSLETTER?
Contact Tracy Brookshier 573-324-2111
tbrookshier@pikecountyhealth.org



WE'RE HIRING!
www.pikecountyhealth.org facebook@bgpchd

GLOW

5K RUN & Kids Fun Run

& Kids Fun Run

SATURDAY October 29th
Pike County Fairgrounds

REGISTRATION
6 PM



REGISTER EARLY FOR GLOWING GOODIES!
FOR MORE INFORMATION:

Call 324-2111 - email: jschumacher@pikecountyhealth.org
facebook @bgpchd - www.pikecountyhealth.org

SEPTEMBER EMPLOYEE SPOTLIGHT



Happy Birthday Sept. 5th
Jamie Anderson
WIC Coordinator



Happy Birthday Sept. 5th &
Happy 1 year Anniversary
Sept. 9th
Melissa Lesley
Home Health Aide



Happy Birthday Sept. 7th &
Happy 12 year Anniversary
Sept. 27th
Glen Hampton
Environmental Specialist



Happy Birthday Sept. 19th
Rhonda Stumbaugh
Community Health Coordinator
& Director of Nursing

CPR TRAINING

Attention Healthcare Providers!

CPR/AED training and Basic Life Support class for healthcare providers will be held at the Pike County Health Department on Wednesday, September 28th from 1:30PM-4:30PM. The course includes book and completion card. Call 324-2111 to register!

be prepared to
**Save a
Life**



Not a healthcare provider, but interested in our CPR Training courses? The Pike County Health Department has three certified basic life support instructors through the American Heart Association. The following American Heart Association courses are offered:

American Heart Association Heartsaver® First Aid

Heartsaver First Aid is a classroom, video-based, instructor-led course that teaches students critical skills to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives.

American Heart Association Heartsaver® CPR AED

This classroom course teaches basic CPR skills such as performing a head tilt-chin lift and giving compressions and breaths. The course provides training for anyone who wants to learn basic CPR and obtain a Heartsaver course completion card.

American Heart Association Family & Friends CPR

AHA's video-based, classroom Family & Friends® CPR course teaches adult Hands-Only® CPR, adult AED use, child CPR and AED use, and infant CPR. It also teaches how to relieve choking in an adult, child or infant. The course offers training for those who want to learn CPR and do not require a course completion card.

American Heart Association Basic Life Support (BLS) for Healthcare Providers

The BLS for Healthcare Providers - classroom course is designed to provide a wide variety of healthcare professionals the ability to recognize several life-threatening emergencies, provide CPR, use an AED, and relieve choking in a safe, timely and effective manner.

Heartsaver Pediatric First Aid CPR AED

This class is designed to meet the regulatory requirements for child care workers in all 50 States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. The course covers the Four Steps of Pediatric First Aid and modules in Pediatric First Aid, Child/Infant CPR AED, Adult CPR AED, and Asthma Care Training.

The cost varies depending on the type of course. For more information or to check the availability of a course contact our agency at 573-324-2111.

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tbrookshier@pikecountyhealth.org



WE'RE HIRING!
www.pikecountyhealth.org [facebook@bgpchd](https://www.facebook.com/bgpchd)