Lifeline Medical Alert Service

Pike County Health Department, Home Health & Hospice offers a medical alert service to help independent older adults and individuals with chronic medical conditions feel more confident to continue living independently in the one place they feel most comfortable – their own home.

Lifeline gives quick access to help, 24 hours a day. When help is needed, the individual presses the help button that is worn as a pendant. A certified Personal Response Associate responds quickly, assesses the situation and summons help, whether it is a neighbor, relative or ambulance. Lifeline cost as little as $1 per day, with a one time installation fee of $65 that can be made in payments. It can be installed in 48 hours or less from the time of your order. Contact our office or visit our website today for more information.

Sheila Storts, Billing Assistant has been with our agency since 1993, making a total of 25 years served at our agency. In that time, she has worked as WIC Clerk, Public Health Assistant, Home Health Quality Control Assistant, and has been Billing Assistant for the past ten+ years. She stated that she has enjoyed watching the agency grow the number of programs we offer over the years. Sheila is looking forward to just “enjoying life” and being able to travel more. We would like to extend a big THANK YOU to Sheila for all she has done to help our agency grow!

Sheila Storts will be retiring in August, 2018 after 25 years of serving our community through the Pike County Health Department, Home Health & Hospice and its services. Please help us appreciate all of her hard work and dedication by sending your Congratulatory Retirement card to: Pike County Health Department Attn: Sheila Storts 1 Healthcare Place Bowling Green, MO 63334

For more information, visit www.lifeline.philips.com
In Memory of James (Rudy) Bell
Stanton and Barbara Ehinger
Aubrey and Wanda McFarland

In Memory of Gerald Dorsey
Kevin and Sonya Gilbert

In Memory of Willene Gamm
Kevin and Sonya Gilbert
Betty Johnson

In Memory of Frannie Haley
Bill and Betty Richard

In Memory of Ron Haverich
Thomas White

In Memory of Helen Hurd
Bill and Betty Richard
Darlene Bruch
Doris Scherder

In Memory of Lena Jeffery
Fern Grote
Dorothy Brown
Joyce Scherder
Bob and JoAnn Cannon
John and Kim Pistner & Family

In Memory of Rodger Loveless
Dean and Venita Burleson

In Memory of Jerome Luebrecht
David and Kim Luebrecht
Carroll and Theresa Cannon
Ben and Jayne Yoder
Dennis and Patti Gilbert
Ralph and Markie Niemeyer
Dorothy Brown
Charlie and Marie Orf
Troy and Amy Blackwell
Jack and Janie Haley
Paulette Feldmann
Gary Purk
Sacred Heart Church Altar
& Rosary Ladies
Lis and Jeff Marr
Jerry and Susan Gamm
Chris and Kathy Gamm
Debbie and Gary Scott
Rita Gamm and Fred Hinegardner
Diane and Harold Couch
Sharyn Gamm
Mike and Ann Brewer
Wanda and Tim Grote
Kevin and Sonya Gilbert
Gary Gerderman
Stan and Leah Wendel
Tom and Sheri Welsh
Doug and Sheila Storts

In Memory of Cindy Morrison
Diane Woker

In Memory of Gary Reeves
Bill and Betty Richard

In Memory of Ruth Ann Reid
Betty Johnson

In Memory of James Renner
Stanton and Barbara Ehinger
Betty Johnson

In Memory of Dean Rutherford
Peggy Rutherford

In Memory of Duane Straube
Fern Grote
Ralph and Markie Niemeyer

In Memory of Mary Tinsley
Wendy Sloan

In Memory of George Tophinke
Ralph and Markie Niemeyer
Betty Johnson

In Memory of Claudia Wells
Bill and Betty Richard

In Memory of Mark Wunderlich
Earl and Zella Eliason
Barbara Hickey
Kevin and Lisa Scherder
Barbara Peasel
Ed and Lisa Deters
Price and Ronda Peasel
Len Scherder
Dale and Melissa Piontek
Martha Peasel
Ed and Karma Gaw
Fern Grote
Eugene and Sandy Korte
Steve and Donna Hagedorn
Buddy and Peggy Bibb
John and Malarie Kallash
Dale and Sue Bowen
Leo and Linda Appelbaum
Tony and Doris Twellman
Gary and Mary Oberman
Charlene McCune
Darrell Piontek
Ed and Ruthie Murray
Mike and Ann Brewer
Fred and Mary Carol Niemeyer
Jim and Betty Mitchell
Frank and Carol Fanning
Betty Johnson

General Donations
Justin Walters
Donald Meyer
Damon Luebrecht
Clyde Korte
Amy Deters
Daniel Edmond
Mike Schuckenbrock
Women’s Eastern Reception
Diagnostic and Correctional
Center “Outreach Organization”
Women’s Eastern Reception
Diagnostic and Correctional
Center “NAACP Organization”
Church of Christ

2017 FOUNDATION REPORT RELEASED

The Home Care & Hospice Foundation is pleased to announce the release of the 2017 Annual Foundation Report. We appreciate the support that we have received so that we can continue giving back to our community through free events, excellent patient care and caregiver support, program improvements and more.

We hope the report gives a visual representation of how donations are utilized within our community. If you would like a copy please contact us by phone at 573-324-2111, or at our office during normal business hours. You may also view/download this report online at www.pikecountyhospice.com and/or www.pikecountyhealth.org.
We are a Not-for-profit
We will not turn patients away, we will proudly provide services to those in need no matter what the financial standing may be. Today, of the 4,300 hospices in the United States, 68 percent are for-profit corporations. **We are 1 of only 12 not-for-profit hospice programs in the state of Missouri.** Why should that matter? Frankly, because there is a difference in the quality of care and commitment to local communities. Even though not-for-profit and for-profit hospices are paid the same, for-profit corporations use tactics to reduce costs and generate more profit for shareholders or owners. Some comparative examples:

**Not-for-profit hospice providers:**
- Spend 25 percent more on our comprehensive care per patient
- Provide more care in home settings
- Discharge patients before dying at a lower percentage
- Re-admit for hospital care 50 percent less
- Admit higher cost and higher acuity patients, like those diagnosed with cancer
- Admit all patients with a terminal illness, seven days a week
- Provide no-cost comprehensive bereavement services to ALL in the community

**For-profit hospice providers:**
- Spend 25 percent less per patient than not-for-profit hospices
- Provide less care in home settings
- Discharge patients at a higher percentage before dying
- Re-admit almost twice as many patients to hospitals for care
- Admit fewer higher-acuity and cancer patients
- Provide little or contract out bereavement services

Not-for-profit hospices invest dollars in clinical education to enhance care, offer additional therapeutic treatments, and yes – we also accept patients regardless of ability to pay. We believe our mission is important to those facing end-of-life and to the communities we are privileged to serve. We think it is important for you to know whether the hospice providing care for your loved one is part of a corporation with the primary goal of generating profit, or a community-based hospice committed to the highest quality of care for your loved one. You have a right to be informed and a right to choose. (-Kent Anderson, Ohio Hospice)

We are a County-Based agency
Being 1 of only 4 county based hospice programs in the state of Missouri, our Hospice program is governed by the citizens of our community; not by a CEO or shareholders. These five board members are elected by you, and they willingly volunteer their time to ensure our programs are suiting what is best for the community. Our current board members are:

From back left: Chairman – Jerry Hickerson, Vice Chairman – Karl Dewey, Member – Marla Reid, Treasurer – Rosie Lewis, & Secretary – Joyce Megown,

Our staff are your Neighbors
Majority of our staff have lived in the community their entire life, and they eagerly await to care for their neighbors; your family.

We have the wonderful support of our Home Care & Hospice Foundation
Our Home Care & Hospice Foundation helps us go above and beyond for our patients and their families no matter their financial standing. Donations are received from the community in memory of a loved one or as general donations. These donations are utilized to GIVE BACK to our community through direct patient care as well as caregiver support, along with free events that we offer to the public.

“\[quote\]
We did not realize all that hospice does for the patient and family. Everyone who cared for my husband in anyway showed love and compassion. You are all great and we cannot say enough good things about you and the Hospice organization. Our family thanks you so much for everything you have done for us, the wonderful loving care he received, help and support, the very nice care package, we appreciate it so much.” – Sandy Harrelson
Dear Members of the Community,

As the Public Health Coordinator, I am reaching out to provide further information on the priority health issue that will be the focus for the Maternal and Child Health contract for FFY2019 – 2021. Many of you recently participated in a survey or group discussion to help us gain input on the issues affecting the maternal, child and infant health populations in Pike County.

Pike County Health Department took your valuable information along with local and state data and developed a three-year work plan to address the priority health issue of: improving pre-conception, prenatal and postpartum health care services for women of childbearing age. By addressing issues surrounding maternal health we hope to impact not only our county health, but also the National Outcome measures of low birth weight, preterm birth, infant mortality, perinatal mortality, neonatal mortality, preterm-related mortality and severe maternal morbidity.

Over the next three years, our goal is to improve pregnancy outcomes and reduce the incidence of prematurity and low birth weight through evidence based practices and community collaboration. Pike County Health Department has developed a work plan of activities and outcomes to create a community collaborative system for prenatal and postpartum women that will increase social support, create supportive environments, improve risk identification, and increase linkages to resources and services to improve pregnancy outcomes. Evidence-based strategies will include education for community providers, peer group education and individual education based on identified risks. Additional strategies include building supportive relationships with prenatal and postpartum women through a community wide team-based approach to ensure linkages to resources and services.

We hope to be able to work with you as a community partner to address the needs of our maternal population. Our plan is not to replicate services, but to develop a system to make existing services more accessible to the women with identified risks and needs. Collaboration between partners could also lead to the addition of new services within our county.

If you would like more information, please feel free to contact me at 573-324-2111 or via email at kgamm@pikecountyhealth.org for more information or to discuss the Maternal and Child Health program. Thank you for your continued efforts for the health of our community and I look forward to working with you in the near future on this project.

Sincerely,
Kim Gamm RN BSN CDE
Public Health Coordinator

This project is/was funded in part by the Missouri Department of Health and Senior Services Maternal and Child Health Services Contract #A0C18380119, and is/was supported by the Health Resources Services Administration (HRSA) of the U.S. Department of Health and Human Services under grant #B04MC28109, Maternal and Child Health Services for $9,095,311, of which $0 is non-governmental sources. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Douglass Community Services, Inc. joined a growing number of Missouri early care facilities becoming a Missouri Breastfeeding Friendly Child Care facility on Wednesday, July 11. Are you a business owner interested in becoming a Breastfeeding Friendly Work-Site? Call our office today and find out what grant funds may be available to help you achieve it! - Leah Diffey, Breastfeeding Peer Counselor, 573-324-2111 ext. 136. ldiffey@pikecountyhealth.org

Shine a light on Mental Health Awareness! Some of our staff showing off some fancy new Mental Health Awareness shirts we received!

*back left: Alyssa Crigger, Danielle Freie, Carrie Wells & Teresa Reynolds

New faces up-front! Soon upon entrance of our lobby, you will be greeted by some of our current staff members who will also be sharing the role of part-time receptionist. Judy Ray (pictured left) will be continuing her compassionate care as a Nurses Aide, and Jessica Tredway (pictured right) will be continuing her services as WIC Clerk.
Parson signs bill at Springfield pharmacy to create a drug take-back program

Carrie Wells, LCSW/Substance Abuse Social Worker with the Pike County Health Department’s Behavioral Health Services & Chairperson for Healthy Minds Healthy Lives of Pike County shared some exciting news recently:

“Progress is being made in Missouri to combat the opiate crisis here in our state. Governor Parson recently signed a bill that will allow more entities to have drug take back drop boxes. This bill will allow for more drop boxes to be available in the community which will give individuals more options to get rid of unused or unwanted prescription medications. He also signed a bill that puts a few more restrictions on healthcare professionals regarding how much of an opiate they can prescribe at one time. Just a few more steps in the right direction." A portion of the public article is below, if you would like to read more, please follow us on facebook to find the full article online. Facebook@bgpchd.

From the Springfield News Leader:

The Department of Health and Senior Services will develop an educational and awareness program about disposing of prescription drugs.

"This (drug take-back) program is a simple addition that makes it easy for individuals to take action. Too many friends, family members and neighbors have been taken by surprise," Parson said on Friday. "We are committed to fighting this drug epidemic and we will continue working with leaders of the House and the Senate and other experts to identify solutions and help keep treatment for those in need."

The bill also includes other efforts to curb opioid abuse by limiting certain initial prescriptions of opioids to a seven-day supply for the treatment of acute pain.

The bill says prescribers must inform the patient about the risks associated with opioids. If more than a seven-day supply is needed, the medical practitioner may prescribe the necessary amount after noting why in the patient's medical record.

The seven-day supply limit does not apply to patients who are undergoing cancer treatment, receiving hospice or palliative care, living in long-term care facilities or receiving treatment for substance abuse or opioid dependence.

During Parson's other Springfield stops, he signed bills related to a statewide 911 system, higher education and public safety, according to the release. The Associated Press contributed to this report.
BARBECUE Fundraiser

Visitors Center Park (next to Walmart)
Friday, August 24th, 2018 : 10:30a.m. - 6:00p.m.

Pork Loin Meal $9
Pork Burger Meal $7
Hot Dog Meal $5

All meals include baked beans, coleslaw, chips, dessert and drink

PCHD coolie cup to the first 500 meals!

DELIVERY AVAILABLE on pre-orders of 10 or more
by Thursday August 23rd call 324-2111

For more information please contact Jennifer Schumacher at (573) 324-2111
or by email jschumacher@pikecountyhealth.org

All proceeds will go towards Pike County Health Department, Home Health & Hospice’s Public Health Initiatives; ensuring health services are available to all of our community regardless of ability to pay.
In a large bowl, mix together the honey, sweet chili sauce and soy sauce. Set aside a small dish of the marinade for basting. Place chicken drumsticks into the bowl. Cover and refrigerate at least 1 hour.

Preheat an outdoor grill for medium-high heat. Lightly oil the grill grate. Arrange drumsticks on the grill. Cook for 10 minutes per side, or until juices run clear. Baste frequently with the reserved sauce during the last 5 minutes.

Per Serving: 142 calories; 4.1 g fat; 5.9 g carbohydrates; 19.6 g protein; 62 mg cholesterol; 353 mg sodium

Eating Healthy with the Health Department

Recipe: Chili Chicken

Preheat outdoor grill for medium-high heat. Lightly oil the grill grate. Arrange drumsticks on the grill. Cook for 10 minutes per side, or until juices run clear. Baste occasionally with the reserved sauce during the last 5 minutes.

Per Serving: 142 calories; 4.1 g fat; 5.9 g carbohydrates; 19.6 g protein; 62 mg cholesterol; 353 mg sodium

Pike County Health Department

Home Health & Hospice

Chili Chicken

August 1st - 7th is World Breastfeeding Week, and the Pike County Health Department, WIC program will be hosting a Breastfeeding Awareness Walk and Celebration. You are invited to meet us at the pavilion by the concession stand. There will be a walk around the park so moms are encouraged to bring their strollers or carriers. Pregnant women, breastfeeding moms, and their support are welcome to attend this free event.

Our office offers Breastfeeding Peer Counseling support for those moms seeking help and resources for nursing their children. We are also a proud Breastfeeding Friendly Workplace, as we value the health of our community which starts with a good breastfeeding relationship during infancy.

For more information, please call our office at 573-324-2111 and ask to speak with Leah Diffee, our Breastfeeding Peer Counselor.

Breastfeeding Awareness Walk and Celebration
Monday, August 6th, 2018 at 10:00AM
Bowling Green City Park

REFRESHMENTS
GIVE AWAYS
DOOR PRIZES

The WIC department along with Missouri Care and Cardinal Glennon hosted a Baby Shower on Thursday June 14th. Expecting and new mothers along with some guests enjoyed lunch catered by JJ’s on Georgia and cupcakes that were donated by “We’re All Mixed Up” bakery. A presentation on baby safety informed the attendants on specifics to keep the family safe. Each mother walked away with a Pac n Play, and a couple gift bags. A diaper cake, baby carrier, activity mat, and books were also given away as the prizes for some games and drawings. The moms responded well to the shower and appreciated the gifts and education. One mom noticed an impact just days after the class, “Dad put a blanket on the baby yesterday and I told him, ‘no, that’s not a safe sleep environment.’ We put him in a sleep sack. You may never know it, but that class probably will save baby’s lives.” In the left photo pictured is Jessica Tredway, Jamie Anderson, Leah Diffee, and Jessica Cunningham.

Additionally, another Breastfeeding Friendly Worksite Award was presented to Ralls County. In the right photo pictured is Leanne Hinds, Breastfeeding Peer Counselor presents award to Sandy Lanier, Ralls County Clerk.
**Testimonial Time**

"Pike County Home Health employees are very well trained, polite, helpful and accommodating. Mom could never be out of her house so many times to receive OT/PT or a doctor’s visit without PCHH’s help. The therapy and attention she received made the difference in her recovery!" - Anonymous

How are we doing?
Send us your testimony on your experience with our services!

1 Healthcare Place, Bowling Green, MO 63334 - admin@pikecountyhealth.org