Since our new Administrator, Rhonda Stumbaugh, was hired within, her previous position was left to be filled. We are pleased that we were able to hire within once again to keep our agency running smoothly and efficiently. Kim Gamm, RN, has been promoted to Public Health Coordinator which will allow her to take on a portion of the roles Rhonda once held. Another portion of Rhonda's position was Communicable Disease Coordinator, this position has been filled by Alyssa Crigger, LPN. Alyssa was recently our Walk-In Clinic nurse and has been with us since before our Walk-In Clinic opened. Alyssa will now be serving our agency as our Communicable Disease/Public Health Nurse. The new face you will see when receiving Walk-In Clinic services now is Danielle Freie, LPN. Danielle is gearing up to celebrate her 4th year with our agency and has been a Field Staff Nurse since she started. Danielle will be responsible for our walk-in patients as well as managing our supply room.

With these positive promotions, it leads us to begin our search for an RN Case Manager to help fill the needs of our Home Health & Hospice programs. The job description and application can be found on our website www.pikecountyhealth.org. Congratulations to Kim Gamm, Alyssa Crigger, and Danielle Freie on their new roles within our agency!
Thanksgiving Dinners delivered once again!
The annual Thanksgiving Dinner deliveries went great once again this year thanks to our amazing hospice volunteers and staff.

Over 35 home made meals were cooked, assembled and delivered to our Hospice and Home Health patients for them to enjoy.

This tradition of filling stomachs is one we are proud of and look forward to each year.

Whacking the FLU
Louisiana Elementary School recently got a visit from "Streppy the Germ". Streppy educated the children on how to WHACK the flu and stay healthy during the cold season.

Our public health department does numerous educational programs for the youth and the community. For more information please visit our website at www.pikecountyhealth.org or call our office at 573-324-2111.

PCHD’s Pumpkin Decorating Contest
Getting into the fall spirit, employees got creative in a friendly Pumpkin Decorating Contest. With over 20 pumpkins on display in our office at the end of October, we took votes from the public in our office, as well as on our facebook page. The winners of the contest are from left: Tracy Brookshier 3rd place, Jessica Cunningham 1st place, and Melissa Lesley 2nd place.

This contest was arranged by the Employee Committee, whose goals are to promote employee moral and make our office an even more fun place to work than it already is.

GLOW 5K Run/Walk another success!
For the 5th annual 5K, our agency held the second GLOW run/walk on October 28th. This is held to promote an active lifestyle in a fun way! It was a brisk one out that night but that didn’t keep the community from coming and enjoying the race. First place male runner was Daniel Matlock, and the first place female runner was Angela Matlock. Small glow awards were also given to the children who participated in the Kids Fun Run, as well as for Best GLOW which was awarded to Saige Hortness. Keep your eyes peeled for next year’s 5K which will be a new form of fitness!
Recipe:

**Artichoke Cheese Dip**

Preheat oven to 350 degrees F (175 degrees C).
Combine the mayonnaise, Cheddar cheese, Jack cheese, onion salt, dill weed, lemon pepper and artichoke hearts.
Mix well and pour into a 2 quart baking dish.
Bake uncovered for 30 minutes.
Serve with toasted French bread or garlic bread.

---

**Project MS donates to Foundation**

A generous donation of $5,000.00 was made recently to the Home Care & Hospice Foundation. The Koester Family’s Project MS mission “is to provide a better understanding of Multiple Sclerosis as well as assist individuals and families who have been affected by M.S. and other debilitating medical issues.” For more information on Project MS, please visit their web page at [projectms.net](http://projectms.net).
**Artichoke Cheese Dip**

Recipe courtesy of allrecipes.com

- 1/2 cup mayonnaise
- 1/2 cup grated Cheddar cheese
- 1/2 cup grated Monterey Jack cheese
- 1/8 teaspoon salt
- 1 teaspoon dried dill weed
- 1/8 teaspoon lemon pepper
- 1/2 (14 oz.) can artichoke hearts, drained

---

**Dipping Suggestion**

- Pita chips
- Veggies
- Assorted crackers

---

**DECEMBER EMPLOYEE & EVENT SPOTLIGHT**

**Happy 4th Anniversary! December 2nd**
Danielle Freie
Walk-in Clinic Nurse

**Happy Birthday! December 17th**
Tracy Brookshier
Marketing Coordinator

**Happy Birthday! December 19th**
Melissa Lesley
Home Health Aide

**Merry Christmas! December 25th**

**Cookies and Cocoa with Santa! December 2nd**

**OFFICE CLOSED**
Monday, December 25th

**Testimonial Time**

I want to thank the entire Hospice team for the outstanding care and compassion they showed during my dad’s last few months. From the nurses, social worker, minister, bath aides, etc., they all went above and beyond to keep him clean, comfortable and happy. They were also so good to my mother and our family. Kudos especially to Hillary and Judy who were primarily assigned. We are so grateful and Pike Countians should be so proud to have such a fabulous service available. - Barbara Scherder-Goetz

How are we doing?
Send us your testimony on your experience with our services!
1 Healthcare Place, Bowling Green, MO 63334 - admin@pikecountyhealth.org

**GET YOUR NEWSLETTER VIA E-MAIL!**
Request your Monthly Newsletter via E-Mail today and help us be more environmentally friendly!