



“Time2Talk” 2nd Annual Poster Contest

WHY:

Too many young people in our community are impacted by drugs and mental health issues because of:

- Pressure from friends
- Stress from keeping up with social media
- Demands of technology (phones, tablets, computers, etc.)
- Balancing school/sports/activities/work/social life

Unfortunately most people are afraid to talk about these common problems. We must now send a message that it is **Time2Talk!!** With your help, we can develop a media campaign to spark conversation about these issues and make our county a healthier and happier place to live.

WHAT:

It is **Time2Talk** to your peers and the community about substance use and mental health. Design a poster that sends a message about topics such as:

- Opioid use (Heroin, prescription medications, pain pills, etc.)
- Alcohol use
- Suicide prevention
- Signs of mental illness
- Demands of being a teen

WHO:

Any Pike County youth in 6th – 12th grade.

CONTEST RULES:

- Entries will need to address 1 or more of the topics listed above
 - All entries must include the slogan “**Time2Talk**”.
 - Entries can be any size and may use any type of media – pencil, chalk, paint, computers, etc.
- A Grand Prize winner will be selected and his/her artwork will be displayed throughout the county on billboards, flyers, posters, and brochures. The Grand Prize winner will also receive a gift basket filled with goodies and valued at over \$100.
- Two additional submissions will be chosen to be displayed throughout the county as part of the Healthy Minds, Healthy Lives of Pike County media campaign.

SUBMISSIONS:

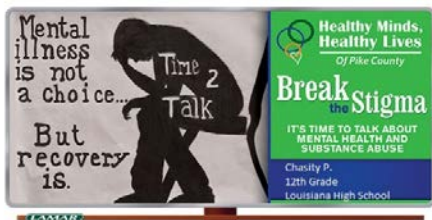
- Deadline is *September 29th at 4:30 p.m.*
- All entries must include your name, grade, school, and contact information.

Email to: cwells@pikecountyhealth.org

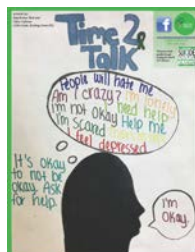
OR

Mail/deliver to: Pike County Health Department. 1 Healthcare Place, Bowling Green, MO 63334

2016 WINNERS:



Grand Prize – Chasity P.
Louisiana High School



2nd Place – Chloe C. & Mayshonna H.
Bowling Green High School



3rd Place – Cameron H.
Louisiana High School