

## WELCOME Carolyn Orf!

Please join us in welcoming Carolyn Orf as our Home Health Coordinator/Nursing Supervisor



Carolyn Orf is a life long resident of Pike County. She is married with 4 children, and 5 beautiful grandchildren. Carolyn has been in the healthcare field since 1986, earning her RN at Hannibal-LaGrange. In her spare time she loves spending time with her family and outdoor activities including hunting, fishing, camping, and gardening.

Carolyn says she is very excited to be working with the community in which she is from, serving and caring for our local residents, helping grow the Pike County Home Health Program, and working with the wonderful staff here at Pike County Health Department, Home Health & Hospice.

## Lynda Colbert; 43 years with PCHD!



For 43 years we have had the pleasure of calling this wonderful woman an employee of ours, and we think it is safe to say she loves her job, which she will even say herself! Lynda is a very dedicated employee, dedicated to our patients, our community, and our nurses that she works with every day.

“Hi, my name is Lynda Colbert. I am the Home Health Administrative Assistant. I’ve been with the agency since January 3rd, 1974. Yep, that’s a long time. I’ve seen tremendous changes throughout the agency over the years. I’ve worked with many wonderful people over the years who have helped us grow. I feel we have one of the best nursing staffs anywhere. These nurses go to great lengths to help their patients. I thank those who saw the need for the Hospice Program and those that have worked so hard to expand our WIC and Immunizations programs. I’m thankful for all the families we have had the honor of serving. It’s a wonderful feeling to be a part of something that serves our whole community so well. I love my job! “

FREE Monthly Newsletter



# NEWS

Pike County Health Department Home Health & Hospice - FEBRUARY 2017

## Foundation accepting applications for annual nursing scholarship



The Home Care & Hospice Foundation of Pike County's Nursing Scholarship Application is now available. The Foundation will award one \$1,500 nursing scholarship this year to a student or adult pursuing a nursing career.

Applications are available at the Pike County Health Department, Home Health & Hospice, 1 Healthcare Place, Bowling Green, MO; on our website [www.pikecountyhealth.org](http://www.pikecountyhealth.org) or check with your school counselor. Applications are due April 14, 2017. For more information regarding the nursing scholarship contact the Pike County Health Department, Home Health & Hospice at (573) 324-2111.



## Community Survey

Pike County Health Department, Home Health & Hospice, in coordination with Pike County Behavioral Health Services and the Healthy Minds, Healthy Lives Coalition of Pike County, values your input as we work to improve health outcomes in our county.

Take a moment and take a survey to help us build awareness of mental health and substance abuse issues and increase access to services so that you and your family, co-workers, neighbors, congregates and friends live healthy and fulfilling lives. Your input counts and is 100% anonymous. Please take a few moments and go to the link and complete a community survey on mental health and substance use in our county.

Your contribution and insights are invaluable to the understanding and knowledge of the mental health needs within our community.

The survey can be found on our website's home page at [www.pikecountyhealth.org](http://www.pikecountyhealth.org).



## FEBRUARY EMPLOYEE & EVENT SPOTLIGHT



Happy Birthday!  
February 20th  
Rhiannon Terrill  
Breastfeeding Peer  
Counselor



Happy Birthday!  
February 8th  
Susan DeCamp  
RN Case Manager



Happy Birthday!  
February 24th  
Danielle Freie  
LPN Field Staff Nurse



Happy 8th Anniversary!  
February 2nd  
Delliha Chatman  
Receptionist



Happy 12th Anniversary!  
February 28th  
Robyn Orf  
Maternal & Child Health  
Public Health Nurse



Happy Birthday!  
February 15th  
Lynda Colbert  
Home Health  
Administrative Assistant

Feb. 20th **OFFICE CLOSED** President's Day  
Feb. 11th Home Care & Hospice Foundation's  
6th Annual Valentine Gala

Want to Subscribe to the PCHD Newsletter? ITS FREE!  
DIRECT MAIL OR EMAIL SUBSCRIPTIONS AVAILABLE  
Contact Tracy Brookshier 573-324-2111 [tbrookshier@pikecountyhealth.org](mailto:tbrookshier@pikecountyhealth.org)

WE'RE HIRING!

[www.pikecountyhealth.org](http://www.pikecountyhealth.org) [facebook@bgpchd](https://www.facebook.com/bgpchd)

January 2017 Pike County Health Department, Home Health & Hospice 1 Healthcare Place - Bowling Green, MO 63334 (573) 324-2111 [facebook.com/bgpchd](https://www.facebook.com/bgpchd) [www.pikecountyhealth.org](http://www.pikecountyhealth.org)

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February 2017 Pike County Health Department, Home Health & Hospice 1 Healthcare Place - Bowling Green, MO 63334 (573) 324-2111 [facebook.com/bgpchd](https://www.facebook.com/bgpchd) [www.pikecountyhealth.org](http://www.pikecountyhealth.org)

# Join us in the Missouri Breastfeeding Friendly Work-site Program!

The Missouri Breastfeeding Friendly Work-site Program is offering a grant to businesses that want to make their building breastfeeding friendly. Breastfeeding is the optimal way to feed a baby. There are numerous health benefits for both the child and the mother. Most mothers begin breastfeeding their baby, but the returning to work is often a challenge and may cause breastfeeding to end. It is important that the businesses in our community support these mothers.

Women who wish to continue to breastfeed after returning to work have few and simple needs. The Missouri Breastfeeding Friendly Work-site Program is a state-wide initiative to increase the number of businesses that provide their employees with breastfeeding support services. The Missouri Department of Health and Senior Services (DHSS) is offering up to \$500 to Missouri employers interested in creating or improving lactation support policies and programs at their work-site. This program is part of a nation-wide campaign by the U.S. Department of Health and Human Services to encourage women to breastfeed their infants for a longer duration after they return to work.

To be eligible to receive a mini-grant, the business must create and provide a written breastfeeding support policy before funding is reimbursed. Leah Diffey at the Pike County Health Department can help with this simple process. The DHSS will fund 20 proposals for a maximum of \$500 each. Additional proposals will be considered as funds allow. Expenses will be reimbursed upon receipt of a properly prepared invoice, receipts for funds spent, documentation of work completed and other required paperwork. Reimbursement for items may be requested only after purchases are made after the announcement of award.

Priority is given to work-sites that: do not already have a lactation room in place; do not have other funding opportunities to provide lactation support; are in communities with lower breastfeeding duration rates; and have a higher number of employees that are women of childbearing age.

To be eligible to receive funds, businesses must complete the application and budget. Email completed applications to [karla.voss@health.mo.gov](mailto:karla.voss@health.mo.gov) by **February 1, 2017**. Only applications that are complete will be considered. Notice of awards will be made within 30 days of application due date or on a first come, first serve basis. All funds must be expended by May 30, 2017. Items that may be funded by the grant include: locks on doors; privacy screens and partitions; comfortable chair; table or flat surface to hold a breast pump; signs; mini-refrigerator; educational materials; multi-user breast pump.

The full application and all details can be found online at <http://health.mo.gov/information/news/fridayfacts/LactationRoomMini-Grant1116.pdf>. Please contact Leah Diffey, the Breastfeeding Peer Counselor at Pike County Health Department, if you have any questions or need any assistance filling out the application (573-324-2111). Businesses that take part in the Breastfeeding Friendly Work-site Program will be recognized by the state.



# PCHD Diaper Bank shelves restocked thanks to Bowling Green Times Annual Diaper Drive



*Pictured above is Bowling Green Times Ethan Colbert, WIC Coordinator Jamie Anderson, Maternal & Child Health Coordinator Kim Gamm, Breastfeeding Peer Counselor Leah Diffey & WIC Certifier Jessica Cunningham.*

Since the inception of the Pike County Health Department's Diaper Bank in 2016, Bowling Green Times readers have donated 22,281 diapers. The diapers are distributed to Pike County families enrolled in the Women, Infants, and Children program (WIC). Follow Pike County WIC on [facebook@pikecountywic](https://www.facebook.com/pikecountywic)



Do you have a family member or friend hanging their hat at one of our local nursing or residential homes? If so, plan your next visit during our ice cream social! Visit our website's calendar of events to find out when and where our next complimentary ice cream social takes place! [www.pikecountyhealth.org](http://www.pikecountyhealth.org)

### VALENTINE GALA RAFFLE ITEMS ON SALE NOW!

You don't have to attend our gala on February 11th to be a winner! Don't miss out on your chance to win these items, contact Jennifer Schumacher to get your raffle tickets today!

 Mossberg® 715T™ tactical flat top rifle black finish with fixed stock, front/rear adj. sights	 Weatherby Element Deluxe 12 gauge semi-automatic shotgun	
 St. Louis Cardinals Recliner \$5.00/ticket	<p><b>TICKETS</b> \$1 each - 6 for \$5 - 25 for \$20</p> <p>Drawing will be held at the Valentine Gala on Saturday, February 11th, 2017. Winner does not have to be present to win. Get your tickets by contacting Jennifer Schumacher at 573-324-2111.</p>	 The winner of the 50/50 raffle will receive half of the funds that are raised.

# Happy Valentines Day!

## Hospice volunteers honored for their years service.

Pictured right is Administrator Chris Deeken awarding Judy Coates with a certificate for her 9 years of volunteer dedication to our hospice program. Also honored for 9 years was Joyce Megown who was unable to attend the monthly volunteer gathering.

Pike County Hospice Volunteers are such a wonderful asset to our Hospice Program. Sitting with patients, reading to them, spending time with them, and assisting the caregivers, these volunteers are some of the most passionate people you will meet and we are lucky to have such a dedicated group as a part of our hospice program.

