

Breastfeeding Support Group



Every Monday at 1:00 p.m.
Pike County Health Department
Home Health & Hospice
Community Room (side entrance)
573-324-2111

facebook@PchdBreastfeedingSupportGroup



Pike County Health Department
Home Health & Hospice



Our goal is to help mothers breastfeed through mother-to-mother support, encouragement, information, and education, and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. Children and family support are also welcome to attend.

Advice from other moms should never replace the advice from medical experts. If you have questions or concerns about your health or your baby's well-being you should always contact your physician or a lactation consultant.

"As a first-time mother, I came to support group every week as a source of encouragement and a great way to get out of the house and be around adults! I now love being able to facilitate this space for moms so we can share our struggles and accomplishments. Group is casual and relaxed and we love to see new faces!"

- Leah Diffey - Breastfeeding Peer Counselor

